

Restaurants and Sources in the Austin & Surrounding areas that offer Gluten - Free Options



I have taken a great deal of time to research options in the Austin area that provide gluten-free options. This by no means is an exhaustive list or any guarantee that your meal will be 100% gluten-free. However, these are options I have either tried myself or found to offer gluten-free options in my research. If you have any restaurants, sources or products that I have not included here and that you would like to share so that I can share them with the rest of the gluten-free community in Austin, I would love that....we can always learn from each other 😊

Restaurants that offer Gluten-Free options in Alphabetical Order:

24 Diner

Old West- Austin-American, Diner, Vegetarian, 600 N Lamar

http://24diner.com/public/pdf/24%20gluten%20menu2%2011_30_11-FINAL.pdf

A

All Star Burger

Bee Cave-Burgers, Salads12921 Hill Country Blvd

<http://www.allstarburger.com/menu.html>

Applebee's (Ask Server for GF/Allergen Menu)

Southwest-American, 5010 West Highway 290

North- American, 7522 N I-35 Service Rd S.

South-American, 6315 S Interstate Highway 35

Cedar Park-American, 11013 Lakeline Mall Drive

<http://www.applebees.com/menu>

Asia Café

Jollyville-Chinese 8644 Spicewood Springs Road

<http://www.asiamarketaustin.com/order.html>

Asti Trattoria

Hyde Park/Highland/Hancock-Italian, Pizza, 408 C East 43rd St

<http://www.astiaustin.com/asti/>

Aster's Ethiopian

East Austin-African, Ethiopian/Eritrean, 2804 N IH 35

<http://www.astersethiopian.com/index.html>

Alamo Drafthouse- Lake Creek

Lake Creek-Pub Food, Sandwiches, 13729 N Hwy 183

Slaughter-Pub Food, Sandwiches, 5701 W. Slaughter Ln

Downtown-Pub Food, Sandwiches, 320 E 6th st.

South Lamar- Pub Food, Sandwiches, 1120 S. Lamar Blvd

Anderson Lane-Pub Food, Sandwiches, 2700 West Anderson Lane

<http://drafhouse.com/austin>

Apothecary Café & Wine Bar

Allandale/Brentwood-Coffee, Wine Bar, Tea, daily dinner specials, 4800 Burnet Rd Ste 450

<http://www.apothecaryaustin.com/menu/>

Another Broken Egg Café

University of Texas-Breakfast/Brunch, Burgers, Southern/Soul, 3016 Guadalupe St Ste C100

<http://www.anotherbrokeneegg.com/menu>

Austin Terrier

Far West-Spicewood Springs, Sandwiches, Pizza, 3435 Greystone Drive

<http://www.austinterrier.com/cms/wp-content/uploads/2012/03/AustinTerrier8.5x14.pdf>

B

Bacon

Downtown-Breakfast/Brunch, Burgers, Salads, & Sandwiches, 900 W. 10th St

http://www.baconaustin.com/?page_id=54

Barlett's

Allandale/Brentwood-American, Seafood, Steakhouse, 2408 W Anderson Ln

http://www.bartlettsaustin.com/glutenfree_salads.html

Bee's Knees Bakeshop

Cedar Park-Bakery, Breakfast/Brunch/lunch/early dinner, 109 Cypress Creek Rd, STE B3

<http://www.beeskneesbakeshop.com/default.aspx>

Beets Living Food Cafe

Old West Austin-Desserts/Ice Cream, Vegetarian, Organic, 1611 W 5th Street, Suite 165

<http://www.beetscafe.com/menu.html>

Bess Bistro

Downtown-American, French, International, 500 W 6th St

<http://www.bessbistro.com/menu/dinner.aspx>

BJ's Restaurant & Brewhouse

Sunset Valley-American, Pizza, Pub Food, 5207 Brodie Ln #300

Austin (Arbor Walk)-American, Pizza, Pub Food, 10515 Mopac Expressway

http://www.bjsbrewhouse.com/sites/default/files/GlutenAllrgnMenu0811_Brnch_R3.pdf

Black Star Co-op Pub & Brewery

Hyde Park/Highland/Hancock-Pub Food, Sandwiches, 7020 Easy Wind Dr Ste 100

<http://www.blackstar.coop/>

Bombay Bistro

Arboretum-Asian, Indian, 10710 Research Blvd

South Lamar-Asian, Indian, 4200 S. Lamar Blvd

<http://www.beyondmenu.com/21236/Austin/Bombay-Bistro-Austin-78759.aspx?r=21236>

Bona Dea Baking Company (Products available at various Austin locations-check out my blog for details)

Local Austin & Woman Owned & Operated, Supply bulk flour mixes to restaurants & bakeries as well as retail packaged goods.

<http://www.bonadeabakingco.com/about/>

Braise

East Austin-International, Southern/Soul, Modern American 2121 E 6th St

<http://www.braiseaustin.com/Braise/Main.html>

Brewster's Pizza

Wimberley-American 9595 RR 12 Ste. 4

<http://www.brewsterspizza.com/menu.html>

Brick Oven

Arboretum-Italian, Pizza, 10710 Research Blvd

Southwest Austin-Italian, Pizza 9901 Brodie Ln

Allandale/Brentwood-Italian, Pizza, Sandwiches, 1608 W 35th St

<http://brickovenaustin.com/>

Buca di Beppo

Arboretum-Italian, Pizza 3612 Tudor Blvd

http://www.bucadibeppo.com/media/16896459/buca_menu_glutenfree_2011-03.pdf

Bufalo Bob's Chalupa Wagon

South Congress – (SoCo) Fast Food, Tex-Mex, Vegetarian, 603 W Live Oak St.

<http://www.yelp.com/biz/bufalo-bobs-chalupa-wagon-austin>

Buenos Aires Cafe

Bee Cave-American, Latin American 13500 Galleria Circle, Suite U120

<http://www.buenosairescafe.com/este/menu/dinner>

C**Café Malta**

Southwest Austin-European, Mediterranean, 3421 W. William Cannon Drive

<http://cafemaltaaustin.com/gfdinner.htm>

Cannoli Joe's

Sunset Valley-Italian, Pizza, Buffet, 4715 Hwy 290 West

http://cannolijoes.com/dine_in_menu.pdf

Cantina Laredo

Downtown-Mexican, Tex-Mex, 201 W 3rd St

<http://www.cantinalaredo.com/menu/lunch.pdf>

<http://www.cantinalaredo.com/menu/dinner.pdf>

<http://www.cantinalaredo.com/menu/brunch.pdf>

Carrabba's Italian Grill

Arboretum-Italian 11590 Research Blvd

<http://www.carrabbas.com/menu/gluten-free>

Carino's Italian Grill

San Marcos-Italian, 1207 S I H 35

Southwest Austin-Italian, 9500 S I H 35

Anderson Mill-Italian ,11620 Fm-620 N

Sunset Valley-Italian, 5601 Brodie Ln

Round Rock-Italian 2600 N I H 35

<http://www.carinos.com/menu/75265/showgluten/75120>

Casa Chapala

Downtown-Fresh Mexican Cuisine, 101 San Jacinto Blvd. Downtown

<http://www.casachapala.com/menu.html>

Casa de Luz

South Lamar-Vegetarian, Organic, 1701 Toomey Rd

<http://www.casadeluz.org/austin/>

Chisos Grill

Bee Cave-Burgers, Southwestern, 12921 Hill Country Blvd. Suite D2-130

<http://www.chisosgrill.com/ChisosMenu.pdf>

Cho Sushi Japanese Fusion

Lake Travis Area-Japanese, Seafood, Sushi 4300 N Quinlan Park Rd Ste 105

http://www.chosushi.com/images/cho_menu_2012_steiner-final.pdf

Clay Pit

Downtown-Indian, Vegetarian 1601 Guadalupe St

<http://claypit.com/AustinDinnerMenu.pdf>

Cool Mint Café

San Marcos-American, Southwestern, Modern American, 415 Burleson St

<http://www.coolmintcafe.com/>

Corazon

Old West Austin-Latin American, Mexican, Southwestern 1101 W 5th St

<http://www.americascuisine.com/texas/austin/corazonatcastlehill/menu.aspx>

Counter Culture

Hyde Park/Highland/Hancock-Vegan, 120 East North Loop / Ave F.

http://countercultureaustin.com/menu_salads.html

County Line

County Line on the Hill-American, Barbecue, 6500 Bee Cave Rd

County Line on the Lake-American, Barbecue, 5204 FM 2222

<http://www.countyline.com/CountyLineHill.html>

<http://www.countyline.com/CountyLineLake.html>

CraigO's Pizza & Pastaria

Far West-Spicewood Springs-Italian, Pizza, 5501 Balcones Dr

<http://www.craigositalian.com/menu.php>

Cupprimo - Cupcakery

Jollyville-Coffee, Desserts, Ice Cream, 8650 Spicewood Springs Rd Ste 105

www.cupprimo.com/menu/

Curra's Grill

South Congress - SoCo-Mexican, Seafood, Tex-Mex, 614 E Oltorf St

http://www.currasgrill.com/9138614_37488.htm

D

Daily Grill

North Austin-American, Seafood, Steakhouse11506 Century Oaks #100

<http://dailygrill.com/menus/GlutenFreeMenu.pdf>

Daily Juice Cafe

Hyde Park/Highland/Hancock- Smoothies, Vegetarian, 4500 Duval St.

<http://dailyjuice.myshopify.com/pages/menu>

Draft Pick

Southeast Austin-American, Burgers, Pizza1620 E. Riverside Drive, suite 1618

http://draftpickaustin.com/index.php?option=com_content&view=article&id=2&Itemid=3

Dragon Gate By Phoenix

West Lake Hills-Chinese, Japanese, Sushi, 3801 N Capital Of Texas Hwy

<http://www.austindragongate.com/Menu.html>

E

Eleven Plates & Wine

West Lake Hills-American, Vegetarian, Wine Bar, 3801 N Capital Of Texas Hwy Ste C200

<http://elevenplates.com/menu>

El Sol Y la Luna

Downtown-Mexican, Tex-Mex, 600 E 6th St

http://www.elsolylalunaaustin.com/Website_togomenu_9-6-11v1.pdf

Enoteca Vespaio

South Congress - SoCo-Italian1610 S Congress Ave

<http://www.austinvespaio.com/enoteca/menu.html>

Eastside Café

East Austin-American, Vegetarian, Organic, 2113 Manor Rd

<http://www.eastsidecafeAustin.com/menus/lunch-dinner.html>

F

FINO Restaurant Patio & Bar

University of Texas-Mediterranean, Spanish, Tapas 2905 San Gabriel St
<http://www.finoaustin.com/fino/dinner/>

Fire Bowl Café

Sunset Valley-Chinese, Noodle Shop, Thai, 5601 Brodie Ln Ste 550
Great Hills Market-Chinese, Noodle Shop, Thai, 9828 Great Hills Trail #100
La Frontera Village-Chinese, Noodle Shop, Thai, 150 Sundance Parkway
Round Rock-Chinese, Noodle Shop, Thai 150 Sundance Pkwy
<http://www.firebowlco.com/?p=404>

Fleming's Prime Steakhouse

Downtown-American, Steakhouse, Wine Bar, 320 E 2nd St
http://www.flemingssteakhouse.com/media/477059/glutenfree_nat_4-13-12.pdf

Foodheads

University of Texas-American, Sandwiches/Subs, Soups, 616 W 34th St
<http://www.foodheads.com/CafeMenus.html>

Freda's Seafood Grille

Cedar Park-American, Seafood, Cajun, 10903 Pecan Park Rd
<http://fredaseafoodgrille.com/menu.html>

G

Garrido's

Downtown-Breakfast/Brunch, Mexican, Modern American, 360 Nueces Street
<http://www.garridosAustin.com/menu/>

Genghis Grill

Genghis Grill

South Lamar-Asian, Seafood, Organic, 4477 South Lamar
<http://www.genghisgrill.com/>

Granola Mama (Found at local Farmers Markets-for further details, check out my blog)
<http://www.granola-mama.com/>

The Grove

West Lake Hills-European, Italian, Wine Bar, 6317 Bee Caves Rd
http://grovewinebar.wpengine.com/wp-content/uploads/2011/02/grove-menu4-14-12_v2.pdf

Guero's Taco Bar

South Congress - SoCo-Mexican, Tacos, Tex-Mex, 1412 S Congress Ave
http://www.guerostacobar.com/menu_glutenfree.php

Gumbo's Steak & Seafood

Bee Cave-Seafood, Steakhouse, 12823 Shops Pkwy
<http://www.gumbosbeecave.com/>

H

Hill Country Ranch Pizzeria (Substitute w/ gluten free crust)
Dripping Springs-Italian, Pizza, Sandwiches, 598 E US 290, Suite 250
<http://www.hillcountryranchpizzeria.com/menu/>

How Do You Roll

Arboretum-Asian, Japanese, Sushi, 10515 N. Mopac Expy. Suite A165
<http://www.howdoyouroll.com/>

Hyde Park Bar & Grill

Hyde Park/Highland/Hancock-American, Breakfast/Brunch, Vegetarian, 4206 Duval St
<http://hpbng.com/menu>

I

Imperia

Downtown-Asian, Japanese, Sushi, 310 Colorado St
<http://www.imperia-austin.com/menu.pdf>

In the Buns Burger Joint (Gluten Free buns)

Jollyville-Burgers 13776 N. Hwy 183 #147

<http://inthebuns.com/>

Iron Cactus

Arboretum-Mexican, Seafood, Southwestern, 10001 Stonelake Blvd

Downtown Austin, Seafood, Southwestern, 606 Trinity St.

Hill Country Galleria, Seafood, Southwestern, 13420 Galleria Circle Suite A128, Bee Cave

<http://www.ironcactus.com/austin-north/gluten-free-menu>

<http://www.ironcactus.com/austin-downtown/gluten-free>

<http://www.ironcactus.com/hill-country-galleria/gluten-free>

J

Jack Allen's Kitchen

Oak Hill-American, Burgers, Southwestern, 7720 Highway 71W

<http://jackallenskitchen.com/gluten%20free%20menu%20double%20sided.pdf>

Jason's Deli (Ask for their GF Menu)

Lakeline-Sandwiches, Soups, Vegetarian, 13729 Research Blvd, Austin

Arboretum-Sandwiches, Soups, Vegetarian, 10225 Research Blvd, Suite 1010, Austin

Round Rock-Sandwiches, Soups, Vegetarian, 117 Louis Henna Blvd, Round Rock

Hancock-Sandwiches, Soups, Vegetarian, 1000 E 41st St, Suite 940, Austin

Westlake-Sandwiches, Soups, Vegetarian, 3300 Bee Cave Rd, Austin

South Austin-Sandwiches, Soups, Vegetarian, 9600 S Interstate 35, Austin

San Marcos-Sandwiches, Soups, Vegetarian, 910 State Highway 80, San Marcos

http://www.jasonsdeli.com/sites/default/files/menus/jasons_deli_menu_02.pdf

Jaspers

North Austin-American, Modern American, 11506 Century Oaks Terrace

<http://www.kentrathbun.com/menu/12/JADinnerMenu.pdf>

Java Dive Organic Café

Lake Travis Area-Breakfast/Brunch, Coffee, Organic 1607 Ranch Rd 620 N

<http://www.javadivecafe.com>

Judges' Hill Restaurant

Downtown-American, Creole, Cajun, southern , 1900 Rio Grande St
<http://www.mansionatjudgeshill.com/dining>

K

Ka-Prow

North Austin-Asian, Sushi, Thai, 1200 W Howard
Ln <http://www.kaprowleaf.com/menus/dinner>

Kerbey Lane Café

South Lamar-American, Breakfast/Brunch, Vegetarian, 2700 S Lamar Blvd
Jollyville-American, Breakfast/Brunch, Mexican 13435 Us-183 Ste 415
Allandale/Brentwood-American, Breakfast/Brunch, Mexican, 3704 Kerbey Ln
Oak Hill-Breakfast/Brunch, Southwestern, Vegetarian, 4301 William Cannon Drive
<http://www.kerbeylanecafe.com/menu/gluten-free-menu/>

Kona Grill

Domain-American, Sushi, 11410 Century Oaks Terrace,
<http://www.konagrill.com/menu/lifestyle.aspx>

L

Lakeway Cafe and Bakery

Lake Travis Area-Bakery, Sandwiches, Soups, 325 RR 620
<http://lakewaycafe.com/menu.html>

Las Lomas Tex-Mex Cantina

Southwest Austin-Tex-Mex, 730 W Stassney Ln
<http://www.laslomasaustin.com/>

Latte Vista

Lake Travis Area-Coffee, Sandwiches, Smoothies, 20520 FM 1431
<http://www.lattevistacafe.com/breaklunch.html>

Leaf

Downtown-Salads, 419 W 2nd St

<http://www.leafsalad.com/images/LEAFmenu.pdf>

Linda's Fine Foods

Wimberley-American, International, Southwestern500 FM 2325

<http://www.lindaallencatering.com/menu.html>

M**Macaroni Grill**

Round Rock-Italian, 2501 South IH 35

Southwest Austin-Italian, 701 E Stassney Ln

West Lake Hills-Italian, 701 S. Capital of Texas Hwy Bldg K

Arboretum-Italian, 9828 Great Hills Trail

<http://www.macaronigrill.com/docs/nutritional/allergen-menu.pdf>

Madras Pavilion

North Austin-Indian, Kosher, Vegetarian, 9025 Research Blvd

http://madraspavilionaustin.com/wp-content/uploads/2011/04/MP_AUSTIN_MENU1.pdf

Maggiano's (Ask your Server for GF Options)

Domain-Italian, 10910 Domain Drive, Suite 100

<http://www.maggianos.com/en/Pages/Menu.aspx?AspxAutoDetectCookieSupport=1>

<http://www.maggianos.com/en/Pages/Menu.aspx?AspxAutoDetectCookieSupport=1>

Magnolia Cafe South

South Congress - SoCo-American, Diner, Tex-Mex1920 S Congress Ave

Tarrytown-American, Diner, Tex-Mex, 2304 Lake Austin Blvd

<http://themagnoliacafe.com/menu/>

Mai Thai Restaurant

Downtown-Thai207 San Jacinto Blvd

<http://maithaiaustin.com/menu-2/>

Malaga Tapas & Bar

Downtown-International, Spanish, Tapas, 440 W 2nd St

http://www.malagatapasbar.com/index.php?option=com_content&view=article&id=5&Itemid=106

Mama Fu's Asian House

Cedar Park-Asian, Chinese, Thai, 11301 Lakeline Blvd

Allandale/Brentwood-Asian, Chinese, Thai, 4615 N Lamar Blvd #307

Downtown-Asian, Chinese, Thai, 100 Colorado St

Georgetown-Asian, Chinese, Thai, 1003 W University Ave Ste 125

Southwest Austin-Asian, Chinese, Thai 9600 S I H 35

<http://www.mamafus.com/>

Mangieri's Pizza Cafe (Gluten Free crust Available)

Lake Travis Area-Italian, Pizza, 2133 Lohmans Crossing

http://www.mangieris.com/mangieris_circlec_menu.pdf

Manuel's

Downtown-Mexican, Southwestern, Tex-Mex, 310 Congress Ave

<http://manuel.com/>

Marye's Gourmet Pizza

West Lake Hills-Pizza, sandwiches, subs, 3663 Bee Cave Rd

http://www.maryesgourmetpizza.com/5138451_41685.htm

Maudie's Café

Tarrytown-Mexican, Southwestern, Tex-Mex, 2608 W 7th St

Maudie's Cafe

South Lamar-Mexican, Southwestern, Tex-Mex, 1212 S Lamar Blvd

Southwest Austin-Mexican, Southwestern, Tex-Mex, 9911 Brodie Ln

North Austin-Mexican, Southwestern, Tex-Mex, 10205 N Lamar Blvd

Downtown-Breakfast/Brunch, Tex-Mex, Austin Intl Airport

http://www.maudies.com/d/10124591_47893.htm

McCormick & Schmick's

North Austin-Seafood, Steakhouse, 11600 Century Oaks Terrace

<http://www.mccormickandschmicks.com/menus/0095-McCormick-Schmicks-Seafood-Austin-TX-Domain/Dinner.pdf>

Mellow Mushroom

University of Texas-Pizza, Salads, 2426 Guadalupe St

<http://mellowmushroom.com/public/glutenfreemenu102411.pdf>

Melting Pot

Jollyville-American, European, French, 13343 N Hwy 183

<http://www.meltingpot.com/our-menu/gluten-free-menu.aspx>

Mighty Fine Burgers

Arboretum-Burgers, Desserts/Ice Cream, Hot Dogs/Sausages, 10515 N Mo-Pac Expy, Suite 205

Cedar Park/1890 Ranch-Burgers, desserts/ice cream, hot dogs/sausages, 1335 E Whitestone Blvd

Sunset Valley Village-Burgers, desserts/ice cream, hot dogs/sausages, 5601 Brodie Ln, Suite 1300

University Oaks-Desserts/Ice Cream, Hot Dogs/Sausages, Hamburgers, 201 University Oaks Blvd

<http://mightyfineburgers.com/blog/?p=601>

Mikado Ryotei

North Austin-Sushi/Japanese Steak house, 9033 Research Blvd, Austin

<http://www.mikadoryotei.com/flash.html>

Minh's Café

Arboretum-Chinese, Vegetarian, Vietnamese, 12221 Riata Trace Pky Ste 190

http://www.minhscafe.com/menu_file.html

Mizu Sushi Bar

Lake Travis Area-American, Steakhouse, Sushi, 3001 Ranch Rd 620 S

<http://mizuaustin.com/menus.html>

Mother's Café & Garden

Hyde Park/Highland/Hancock-Vegetarian, 4215 Duval St

http://www.motherscafeaustin.com/d/5034805_38253.htm

Mr. Natural

South Lamar-Mexican, Tex-Mex, Vegetarian, 2414 S Lamar Blvd

East Austin-Mexican, Tex-Mex, Vegetarian, 1901 E Cesar Chavez St

http://www.mrnatural-austin.com/index.php?option=com_content&view=frontpage&Itemid=1

N

Natural Grocer (Natural Food Grocer)

Arbor Walk-10515 N. Mopac Expressway, Bldg. L
Downtown-3901 Guadalupe Street
Cedar Park-1335 E. Whitestone Blvd., Bldg G-17
<http://www.naturalgrocers.com/>

NeWorld Cafe

Far West-Spicewood Springs, 3742 Far West Blvd, Suite 101
University of Texas-sandwiches, 4101 Guadalupe, Austin Tx
<http://neworldeli.com/menus.html>

Noble Pig (Substitute to GF Bread)

Northwest Austin-Breakfast/lunch, Sandwiches, 11815 620 N., Suite 4
<http://www.noblepigaustin.com/>

North by Northwest

Arboretum-American, California, Pub Food10010 N Capital Of Texas Hwy
<http://nxnwbrew.com/food/gluten-free/>

O

Olive Garden

Round Rock-Italian100 Sundance Pkwy
Brodie-Italian, 3940 S. Lamar Blvd.
North Austin/Burnet-Italian, 8833 Burnet Rd
NW Austin/Lakeline Mall-Italian, 12827 Ranch Rd 620 N.
<http://www.olivegarden.com/Menu/Gluten-Allergen/>

Outback Steakhouse

South Lamar-Steakhouse4211 S Lamar Blvd
Arboretum-American, Steakhouse11600 Research Blvd
Round Rock-American, Steakhouse1651 S I H 35
<http://www.outback.com/menu/pdf/glutenfree.pdf>

P

Paisano's Cucina Italiana

Cedar Park-Italian, Mediterranean, Pizza, 11301 Lakeline Blvd, Cedar Park,
Georgetown-Italian, Mediterranean, Pizza, 1211 Leander Rd
<http://paisanoscucina.com/>

Palmer's Restaurant Bar & Grill

San Marcos-Seafood, Southwestern, Steakhouse 218 Moore St
http://www.palmerstexas.com/Palmer's_Menu.pdf#zoom=100

Papalote Taco House

South Lamar-Mexican, Tacos, 2803 S Lamar Blvd
<http://yumpapalote.com/menu#>

Pakwan Indian Restaurant & Bar

Southwest Austin-Indian, 3601 W. William Cannon
http://www.pakwanaustin.com/Pakwan_Menu_files/Pakwan%20a%20la%20carte%20menu.pdf

Pappasito's (Ask your server for GF Options)

North Austin-Mexican, 6513 I-35 N
http://pappaspizza.net/images/dyn/menus/menu_194.pdf

Pei Wei Diner

South Lamar-Asian, Chinese, Japanese, 4200 S Lamar Blvd
Jollyville-Asian, Chinese, Japanese, 13429 N Hwy 183
North Austin-Asian, Chinese, Japanese, 12901 N I-35
East Austin-Asian, Chinese, Japanese 1000 E 41st St
<http://www.peiwei.com/menu/>

P.F. Chang's China Bistro

Arboretum-Asian, Chinese, Vegetarian, 10114 Jollyville Rd
Downtown-Asian, Chinese, Vegetarian, 201 San Jacinto Blvd
<http://www.pfchangs.com/menu/printerfriendly.aspx>

Pho Thaison

Allandale/Brentwood-Thai, Vietnamese 2438 W Anderson Ln
<http://www.phothaison.com/>

Plate by Dzintra

Bee Cave-American, Entrees, sandwiches, Soups, 12717 Shops Parkway, Suite 100

<http://beta.cookingschoolsofamerica.com/plate/index.php?page=events#768>

Pluckers Wing Bar

University of Texas-Burgers, Chicken, 2222 Rio Grande St

Round Rock-Burgers, Chicken, 300 Mays Xin

Cedar Park-Burgers, Chicken, 11066 Pecan Park Blvd

San Marcos-Burgers, Chicken, 105 N IH 35

Arboretum-Burgers, Chicken, 9070 Research Blvd

South Lamar-Burgers, Chicken 3909 South Lamar

<http://www.pluckers.com/menu.aspx?loc=THE%20ORIGINAL>

Promise Pizza (Substitue Crust for Gluten free)

Round Rock-Italian, Pizza, Organic, 1500 S A W Grimes Blvd

Arboretum-Italian, Pizza, Organic, 10225 Research Blvd. #110

http://www.promisepizza.com/Promise_Pizza/Menu.html

R

Rio's Brazilian Café

East Austin-Brazilian, 408 N Pleasant Valley Rd

<http://www.riosofaustin.com/rios-brazilian-cafe-menu.htm#plates>

Rolling In Thyme & Dough

Dripping Springs-Bakery, Coffee, Sandwiches, subs, 333 W Highway 290

<http://www.thymeanddough.com/menu-lunch.html>

S

Simplicity Wine & Eats

Allandale/Brentwood-European, Tapas, Wine Bar, 4801 Burnet Rd.

<http://www.simplicitywinebar.com/menu-food.php>

Snack Bar

South Congress - SoCo-American, Breakfast/Brunch, Vegetarian 1224 S Congress Ave

<http://www.snackbaraustin.com/pdf/menu.pdf#zoom=100>

Snap Kitchen

Hyde Park/Highland/Hancock (Triangle) -American, Vegetarian, Organic, 4616 Triangle Ave., Suite 200

Old West Austin-Breakfast/Brunch, Vegetarian, Organic 1014 W. 6th Street

http://www.snapkitchen.com/index.php/menu/gluten_free/

South Congress Café

South Congress - SoCo-Breakfast/Brunch, International, Modern American, 1600 S Congress Ave

<http://www.southcongresscafe.com/menu-dinner.php>

Southside Flying Pizza

South Congress - SoCo-Pizza, 2206 S Congress Ave

<http://www.southsideflyingpizza.com/>

Steeping Room

North Austin(Domain)- Sandwiches/Subs, salads, entrees, tea, 11410 Century Oaks Ter Ste 112

<http://www.thesteepingroom.com/menu/lunch-and-dinner/>

Sushi Zushi

Downtown-Sushi, Japanese, 1611 W 5th St @ Mopac

Domain- Sushi, Japanese, 3221, Feathergrass Ct.

<http://sushizushi.com/Portals/1/Content/menus/Sushi%20Zushi%20Menu%20-%20Austin.pdf>

Sweet Texas, LLC (Products can be found at local farmers markets)

Gluten-free and vegan products

<http://sweet-texas.com/index.html>

T

Takoba

East Austin-Mexican, 1411 E 7th St

<http://www.takobarestaurant.com/food/>

Tandoori Bistro

Southeast Austin-Indian, 1605 E. Oltorf

<http://tandooribistroaustin.com/tandooribistromenu.pdf>

Tarka Indian Kitchen

Sunset Valley-Indian, 5207 Brodie Lane

Round Rock-Indian 201 University Blvd Ste 580

http://tarkaindiankitchen.com/static_media/media/menus/Tarka%20Gluten%20Free%20Menu.pdf

Taste of Ethiopia

Pflugerville-Ethiopian/Eritrean, 1100 Grand Ave. Pkwy.

Taverna

Downtown-italian, 258 W 2nd Street

http://www.tavernabylombardi.com/menus/Austin_dinner.pdf

TRIO at the Four Seasons

Downtown-American, Seafood, Steakhouse, wine, 98 San Jacinto Blvd, Austin 78701

http://www.triorestantaustin.com/menus/dinner_menu/

U

The Upper Decks

South Congress - SoCo-American 301 Barton Springs Rd

<http://www.upperdecksaustin.com/images/MENU.pdf>

V

Vince Young Steakhouse

Downtown-American, Steakhouse, Wine Bar 301 San Jacinto

<http://www.vinceyoungsteakhouse.com/images/menuPDF/dinnerMenu2012.pdf>

W

Waterloo Ice House

Cedar Park-American, Breakfast/Brunch, Burgers14900 Avery Ranch Blvd
Allendale/Brentwood-Burgers, Tex-Mex, American, 1106 W 38th St.
Southwest Austin-Burgers, Breakfast/Brunch, 9600 Escarpment Blvd
Allendale/Brentwood-Burgers, Tex-Mex, American, 8600 Burnet Rd.
http://www.waterlooicehouse.com/menus/full_menu_small_loc.pdf

Whole Bite Meals

Jollyville-American, Organic, Prepared Meals, 13343 US 183 Suite 250
http://prod.wholebitemeals.com/?page_id=1600

Whole Foods Market

Downtown-Breakfast/Brunch, International, Vegetarian601 N Lamar Blvd
Arboretum-Breakfast/Brunch, International, Vegetarian, 9607 Research Blvd
<http://www.wholefoodsmarket.com/stores/departments/celiac-disease.php>

The Woodland

South Congress - SoCo-American, Southern/Soul, 1716 S Congress Ave
<http://woodlandaustin.com/dinner>

Z

Zhi Tea

East Austin-Organic, Tea, 4607 Bolm Rd
<http://www.zhitea.com/>

Zoe's Kitchen

[http://zoeskitchen.com/getmedia/252cdd48-3c3a-40df-9732-ae869a6d9b71/Nutrition Allergen-Information-Guide.aspx](http://zoeskitchen.com/getmedia/252cdd48-3c3a-40df-9732-ae869a6d9b71/Nutrition_Allergen-Information-Guide.aspx)

ZPizza

Round Rock-Pizza, Sandwiches, Salads, Organic, 200 University Blvd # 350
West Lake Hills-Pizza, Sandwiches, Salads, Organic, 3300 Bee Caves Rd
<http://www.zpizza.com/organic-food-menu/zpizza-menu.pdf>

Z'Tejas Southwestern Grill

Arboretum-Mexican, Southwestern, Tex-Mex, 9400 Arboretum Blvd
Old West Austin-Mexican, Southwestern, Tex-Mex, 1110 W 6th Street
Avery Ranch-Mexican, Southwestern, Tex-Mex, 10525 W Parmer Ln
<http://ztejas.com/menus#!/texas/avery-ranch/>

